

Employee Health Clinic

The Employee Health program is managed by a family nurse practitioner with assistance from two licensed nurses. They provide screenings for blood pressure, weight, blood glucose, cholesterol, anemia and a variety of other services. The clinic primarily treats short term illness such as upper respiratory infections, sinusitis, muscular pain, skin rashes and urinary tract infections. The staff works with Jefferson county employees to prevent chronic disease by teaching positive lifestyle changes and prescribing medication if necessary. If chronic health issues are identified; such as, diabetes or hypertension, they will educate you regarding management of the problem(s) and ask that you follow up with your primary care physician. It is important that infants and toddlers are seen by their pediatrician; therefore, the clinic will not schedule appointments for children under the age of two years old and they can not see workers' compensation patients or on-the-job injuries/illnesses.

A health history form will need to be completed on your first visit and will be updated by the nurse each office visit. Please come prepared with information on previous illnesses, hospitalizations, surgeries, etc. Also, include any personal or family history of conditions such as cancer, heart disease, high blood pressure, diabetes, asthma; thyroid disease, etc. Bring a complete list of all medications you are currently taking including dosage and how often. It will help the staff provide care to you without complicating other areas of your health.

The clinic is only for employees and their dependents enrolled in the Southeast Texas Government Employee Benefits Pool Medical plan and all visits to the clinic are free. This saves the pool valuable dollars by avoiding increasing medical premiums and it saves you and your family from spending the initial out of pocket deductibles and co-insurance.

The clinic is located in the Annex 1 Building at 1225 Pearl, Suite 146-A, next to the Beaumont courthouse. Since your time is valuable and no one likes to wait, it is essential that members call in advance for an appointment. If you need to leave a message, include what the problem is as well as your full name and phone number where you may be reached. We return all calls promptly. Office hours are Monday through Friday from 8:30-4:30. We normally do not close during the lunch hour to accommodate employees who need to be seen during that time. Call the clinic in advance at 784-5881 to schedule an appointment when you have a health concern or for your yearly health examination and diagnostic tests.